

EST. 2016

GASTRONOMY

KITCHEN BY *Cirella's*

FOURTH EDITION | LUNCH | WINTER 2018

KETTLE

SOUP OF THE MOMENT | 8

ONION SOUP | 8
café style

DAILY CHILI POT | 8
cheddar, scallion, sour cream

SHARE

G-CUT FRIES | 8
parmesan truffled aioli & sriracha ketchup

CLAMS OREGANATA | 9
white wine, lemon, garlic, bread crumbs

SWEET POTATO FRIES | 10
honey mayo & cilantro mint ranch

BRUSSELS SPROUTS | 10
crispy, honey, bacon

TRIO | 10
black bean chipotle, guacamole, salsa, crispy corn tortillas

CLAM OREGANATA | 12
white wine, lemon, garlic, bread crumbs

WING IT | 14
original / asian / buffalo / bbq

ARTICHOKE & SPINACH DIP | 15
cheese blend, caramelized onions, grilled pita

CRISPY CALAMARI | 16
asian style / out style

SCRAMBLE

ALL DAY EGG WRAP | 14
scrambled, american cheese, bacon, avocado,
pico de gallo, salad or fries

QUICHE COMBO | 14
chef's selection, salad, fries or soup

WAKE UP CALL | 18
beer braised boneless short ribs, over easy eggs,
pickled onion, arugula, cheddar cheese,
horseradish sauce, sourdough

OMELETTE | 14
3 eggs + 3 additions + toast, salad or fries
american, cheddar, feta, swiss, gorgonzola, mozzarella,
goat cheese, smoked salmon, bacon, mushroom,
broccoli, tomato, onion, roasted red pepper,
spinach, brussels sprouts leaves, avocado
additions {1 ea.} / egg whites {1.5} / gluten free roll {2}

FLATBREADS

MARGHERITA | 14
tomato sauce, tomato, fresh mozzarella, basil

PROSCIUTTO | 14
fig jam, fresh mozzarella, arugula, truffle oil

BRUSSELS SPROUTS | 14
brussels sprouts, bacon, fresh mozzarella, honey teriyaki



GARDEN

B.Y.O.S. | 12
build your own salad, bruschetta

CAESAR SALAD* | 15
romaine, fresh mozzarella, parmesan, croutons, caesar dressing

FALL COBB | 15
chopped, romaine, spinach, tomato, cucumber, egg, bacon, beets,
avocado, cheddar, balsamic vinaigrette

G-SALAD | 15
mesclun greens, dried cranberries, gorgonzola, granny smith apple,
candied walnuts, honey mustard cranberry dressing

ASIAN SALAD | 15
chopped, romaine, kale, shaved brussels sprout leaves, string beans,
mandarin orange, roasted red pepper, toasted almonds, goat cheese,
sesame ginger dressing, crispy noodles

----- KALE & QUINOA BOWL | 15 -----
{hot or cold}

TERIYAKI
broccoli, carrots,
roasted red pepper,
scallion, crisp noodles,
sesame ginger

SEASONAL
cranberries, brussels sprout
leaves, almonds, garbanzo
beans, carrots, fresh
mozzarella, balsamic
vinaigrette

LOADED GREEK
tomato, artichoke,
red pepper, string beans,
black olives, feta, evoo,
topped with hummus

// proteins \\
chicken {6} | tuna salad {6} | chicken salad {6} | albacore tuna {6} | chicken fingers {6}
turkey {6} | beef burger* {8} | black bean & farro burger {8} | salmon {10} | shrimp {10}
fried calamari {10} | steak* {10} | lobster salad {12} | grilled veggies {6} | cajun, bbq or buffalo {1}

SUGGESTIONS

CAFE MAC & CHEESE | 14
cheese, bacon, breadcrumbs, salad or fries
// mac & cheese extras \\
broccoli {2} | chicken {4} | lobster {10}

AVOCADO TOAST | 16
whipped avocado, two sunny-side up eggs, arugula, tomato, toasted multi-grain

FISH TACOS | 18
blackened cod fish, pickled red onion, salsa, avocado, spicy mayo, corn tortilla

LOBSTER ROLL | 21
{hot} chunks of buttered lobster, toasted roll, purple slaw,
lettuce, tomato, avocado, salad or fries
{cold} chopped lobster, mayo, onion, shallots, celery, seasoning,
avocado, lettuce, tomato, toasted roll, purple slaw, salad or fries

CHICKEN PAILLARD | 24
arugula, pomegranate, roasted butternut squash, parmesan, honey mustard cranberry

DRUNKEN NOODLES | 21
shells, chicken, bacon, peas, fresh mozzarella, vodka pink sauce

FISH & CHIPS | 22
beer battered cod, potato wedges, malt vinegar aioli, tartar

HANDHELD

served with salad or g-cut fries
sweet potato fries {2}

GRILLED CHEESE | 13
american, cheddar, swiss, tomato,
crispy bacon, sourdough

CHICKEN SALAD SANDWICH | 14
oven roasted chicken salad, roasted red pepper
mayo, lettuce, tomato, multi-grain toast

TUNA SALAD SANDWICH | 14
tuna fish salad, sliced hard boiled egg,
lettuce, tomato, multi grain toast

TURKEY SANDWICH | 14
sliced turkey breast, bacon, swiss, lettuce, tomato,
sliced apple, honey mustard cranberry vinaigrette,
walnut cranberry bread

LADIES DEPARTMENT WRAP* | 14
grilled chicken, romaine lettuce,
fresh mozzarella, parmesan, caesar dressing

BUTTERMILK CHICKEN SANDWICH | 16
buttermilk fried chicken, swiss cheese, lettuce, tomato,
purple slaw, red pepper sauce, brioche roll

CHICKEN BLT&C | 15
grilled chicken, bacon, lettuce, tomato, cheddar,
avocado, honey mayo, toasted brioche bun

SESAME GINGER SHRIMP WRAP | 17
grilled shrimp, broccoli, mushroom,
roasted red pepper, spinach, goat cheese,
sesame ginger dressing, whole wheat pressed wrap

CHICKEN VODKA PRESS | 15
crispy chicken cutlet, vodka sauce, mozzarella,
bacon, toasted garlic hero

UPSTREAM | 17
blackened salmon, sliced cucumber, tomato, goat cheese,
mesclun greens, wasabi mayo, pita

FIFTH AVENUE FRENCH DIP | 17
sliced steak, caramelized onion, swiss, crispy onion,
toasted garlic hero, au jus

VERY VEGGIE WRAP | 15
grilled portabello, zucchini, asparagus, roasted red
peppers, tomato, fresh mozzarella, mustard balsamic,
pressed whole wheat wrap

SW BLACK BEAN, CORN & FARRO BURGER | 16
cheddar, romaine, avocado, lettuce, tomato, chipotle aioli

GASTRO BURGER* | 18
100% angus beef, cheddar, lettuce, tomato, onion rings,
mac & cheese, bacon jam, toasted brioche bun

// breads \\
multi-grain, walnut cranberry raisin, pita, country white,
sourdough, whole wheat or regular wrap, brioche bun
gluten free roll {2}

ZOODLES

PESTO SHRIMP | 24
grilled, pesto, pignoli, fresh mozzarella, tomato

ASIAN CHICKEN | 24
grilled, sesame orange glaze, carrots, broccoli, scallion

TUNA TATAKI | 24
pan seared, avocado, asian slaw, ponzu sauce

*Consuming raw or undercooked meats, fish, shellfish or fresh shelled eggs may increase your risk of food-borne illness, especially if you have certain medical conditions. These menu items can be cooked to order.

G-PLATE DINNER SPECIALS

SUNDAY
Gastro Complete
Dinner | 25

MONDAY
Burger
& Beer | 20

TUESDAY
Tacos
& Tequila | 20

WEDNESDAY
B.Y.O.W.
Bring Your Own Wine

THURSDAY
Happy Hour All Day
@ the Bar #tbt