

GASTRONOMY

KITCHEN BY *Cirella's*

FIFTH EDITION | LUNCH | 2019

KETTLE

SOUP OF THE MOMENT | 8

CHILI POT | 10

cheddar, scallion, sour cream

FRENCH ONION SOUP | 10

café style

STARTERS

G-CUT FRIES | 9

truffle aioli, sriracha ketchup

SWEET POTATO FRIES | 10

honey mayo, cilantro mint ranch

TRUFFLE PARMESAN FRIES | 10

TRIO | 11

edamame hummus / miso dip / curry dip
wonton chips

BRUSSELS SPROUTS | 11

crispy, honey, bacon

CHEESY NACHOS | 12

crispy corn tortilla chips, cheddar,
mozzarella, tomato, red onion,
black beans, pico de gallo,
three cheese drizzle, guacamole

today's chili {5} | grilled chicken {6} | steak {8}

WINGS | 14

original / asian / buffalo / bbq

ARTICHOKE & SPINACH DIP | 15

cheese blend, caramelized onions,
corn tortilla

BURRATA | 14

pesto infused, tomato, basil

CRISPY CALAMARI | 16

asian style / marinara

COCONUT SHRIMP | 16

thai chili popcorn shrimp, pineapple salsa

FLAT BREADS

MARGHERITA | 14

tomato sauce, sliced tomato,
fresh mozzarella, basil

PROSCIUTTO | 15

fig jam, fresh mozzarella, arugula, truffle oil

PESTO CHICKEN | 16

grilled chicken, mozzarella, tomato,
arugula, RRP, pesto

SHRIMP SCAMPI | 18

mozzarella, garlic, lemon, white wine,
butter, breadcrumbs, parsley

SCRAMBLE

ALL DAY EGG WRAP | 14

scrambled, american cheese, bacon,
avocado, pico de gallo, salad or fries

QUICHE COMBO | 14

chef's selection, salad, fries or soup

AVOCADO TOAST | 16

whipped avocado, two sunny side up eggs,
arugula, tomato, toasted multi-grain

OMELETTE | 15

3 eggs + 3 additions + toast, salad or fries
american, cheddar, feta, swiss, gorgonzola,
mozzarella, goat cheese, smoked salmon,
bacon, mushroom, broccoli, tomato, onion,
roasted red pepper, spinach, brussels
sprouts leaves, avocado
additions {1 ea.}
egg whites {1.5} / gluten free roll {2}

HANDHELD

served with salad or g-cut fries
sweet potato fries {2}

SAKS CLUB | 14

turkey, smoked ham, bacon, swiss, lettuce & tomato, mayo, toasted rye

OPEN FACED GRILLED VEGGIE PITA | 14

chopped spinach, zucchini, portabello, red onion,
roasted red pepper, artichoke hearts, balsamic dressing,
fresh mozzarella, fig balsamic drizzle, pita bread

CHICKEN SALAD SANDWICH | 14

oven roasted chicken salad, roasted red pepper mayo,
lettuce, tomato, multi-grain toast

TUNA SALAD SANDWICH | 14

tuna fish salad, sliced hard boiled egg, lettuce, tomato, multi-grain toast

TURKEY SANDWICH | 14

fresh turkey breast, bacon, swiss, lettuce, tomato, sliced apple,
honey mustard cranberry vinaigrette, walnut cranberry bread

LADIES DEPARTMENT WRAP* | 14

grilled chicken, romaine lettuce, fresh mozzarella, parmesan, caesar dressing

GRILLED HAM & CHEESE | 14

gruyere, cheddar, american, smoked ham, grilled tomato,
honey dijon mustard, rye

CHICKEN BLT&C | 15

grilled chicken, bacon, lettuce, tomato, cheddar, avocado,
honey mayo, toasted brioche bun

CHICKEN VODKA PRESS | 15

crispy chicken cutlet, vodka sauce, mozzarella, bacon, toasted garlic hero

SESAME GINGER SHRIMP WRAP | 17

grilled shrimp, broccoli, mushroom, roasted red pepper, spinach,
goat cheese, sesame ginger dressing, whole wheat pressed wrap

TUNA LETTUCE CUPS | 17

tuna tartare, cucumber, avocado, soy citrus dressing

STEAK SAMMY | 17

sliced steak, spinach, gorgonzola, crispy onion,
roasted red pepper, spicy mayo, garlic bread hero

BLACK BEAN, CORN & FARRO BURGER | 16

swiss cheese, lettuce, tomato, avocado, toasted brioche

TERIYAKI SALMON | 18

glazed, grilled, cucumber, red onion, scallions, multi-grain bread

FISH TACOS | 18

grilled mahi mahi, lettuce, pickled onion, purple slaw,
corn salsa, avocado drizzle, corn tortillas

GASTRO BURGER* | 18

100% angus beef, cheddar, lettuce, tomato, onion rings, mac & cheese,
bacon jam, toasted brioche bun// breads \\
multi-grain, walnut cranberry raisin, pita, rye, sourdough,
whole wheat or regular wrap, brioche bun
gluten free roll {2}

GARDEN

G-SALAD | 15

mesclun greens, cranberries, gorgonzola, apples,
candied walnuts, honey mustard cranberry dressing

CAESAR SALAD* | 15

romaine, fresh mozzarella, parmesan, croutons, caesar dressing

ASIAN SALAD | 15

chopped, romaine, kale, shaved brussels sprout leaves,
string beans, mandarin orange, roasted red pepper,
toasted almonds, goat cheese, sesame ginger dressing, crispy noodles

CHOPPED COBB | 16

chopped romaine, cucumber, tomato, corn, bacon, egg,
gorgonzola, avocado, poppyseed cherry vinaigrette

KALE & QUINOA BOWL | 15

{hot or cold}

TERIYAKI

broccoli, carrots,
roasted red pepper,
scallion, crisp noodles,
sesame ginger

SEASONAL

grilled pineapple, sliced
almonds, beets, goat cheese
red onion, citrus vinaigrette

LOADED GREEK

tomato, artichoke, feta,
red pepper, string beans,
evoo, black olives,
topped with hummus// proteins \\
chicken {6} | tuna salad {6} | chicken salad {6} | albacore tuna {6}
chicken fingers {6} | turkey {6} | beef burger* {8} | black bean & farro burger {8}
salmon {10} | shrimp {10} | fried calamari {10} | steak* {10}
lobster salad {12} | grilled veggies {6}

SUGGESTIONS

SPICY DRUNKEN NOODLES | 21
shells, chicken, bacon, peas, fresh mozzarella,
spicy vodka pink sauce

G STYLE MAC & CHEESE | 12

cheese, bacon, toasted breadcrumbs,
salad or fries// mac & cheese extras \\
buffalo chicken {6} | lobster {10}

CHICKEN PAILLARD | 24

spinach, quinoa, strawberries,
feta, toasted almonds,
poppyseed cherry vinaigrette

ZOODLES

ASIAN CHICKEN | 24

grilled, sesame orange glaze,
carrots, broccoli, scallion

CRISPY CHICKEN SCAMPI | 24

chicken cutlet, broccoli, spinach, garlic,
lemon, white wine, butter, parsley

LEMON BASIL | 24

asparagus, peas, smoked ham, SDT,
parmesan cheese, lemon breadcrumbs

SPICY ZUPPA DE ZOODLES | 28

calamari, shrimp, mussels,
hot cherry peppers, spicy tomato sauce

LOBSTER

TRAP

ROLL OR BOWL | 23

{cold}

chopped lobster,
mayo, onion,
shallots, celery,
seasoning, lettuce,
tomato, avocado,
toasted roll, purple
slaw, salad or fries

{hot}

chunks of
battered lobster,
lettuce, tomato,
avocado, toasted roll,
purple slaw,
salad or fries

{hot or cold}

chopped romaine, edamame,
tomato, corn, avocado

ONLINE ORDERING NOW AVAILABLE

www.gastronomyrestaurant.com

EVERY SUNDAY JAZZ BRUNCH

Chill-out and "chow down"....
To a delicious selection of handcrafted
dishes and "Tasty" LIVE Jazz!

HAPPIEST HOUR @ BAR

{Monday - Friday 4-6pm +
All Day Thursday}Join Us at the Bar for Half Price
Selection of Wine, Beer & Cocktails

G-PLATE DINNER SPECIALS

SUNDAY
Prix Fixe
All Day | 28MONDAY
Orient
Express | 22TUESDAY
Tacos &
Tequila | 20WEDNESDAY
B.Y.O.W.
No corkage feeTHURSDAY
Happy Hour All Day
@ the Bar

*Consuming raw or undercooked meats, fish, shellfish or fresh
shelled eggs may increase your risk of food-borne illness,
especially if you have certain medical conditions.
These menu items can be cooked to order.